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BY HUGH WILSON.

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ABBEVILLE LITERARY CLUB.

THE MINUTES OF THE REGULAR MONTH-

Subject Under Discussion: "Hygiene"

The Injustice of Blaming the Lord for the Evils Which Result From Our Own Misconduct --- Woman's Beauty and Woman's Attractive-ness-Exploded Theories as to Diet -- The Importance of Sanitary Measures-The Great Boon of Medicial Science-The Curse Inflicted by Quacks and Charlatans-Patent Poison and the Press -- Evils Resulting From a Reckless Swallowing of Medicine.

The injustice of Blaming the Lord for the Evils Which Result From Our Own Misconduct --- Woman's Beauty and Woman's Attractive-ness-Exploded Theories as to Diet -- The Importance of Sanitary Measures-The Great Boon of Medicial Science-The Curse Inflicted by Quacks and Charlatans-Patent Poison and the Press -- Evils Resulting From a Reckless Swallowing of Medicine.

The injustice of Blaming the Lord for the Importance of Sanitary and state of the superior of the Sanitary and Woman's Attractive-ness-Exploded Theories as to Diet thought of the Sanitary and wan is the only exception in having educated himself to sleep on an empty stomach. The natural functions of the body, in its process of assimilating food and in repairing the losses and went incident to the exposures of the day point to the necessity of a state of the greatest rest during the digestion of food. To ward off the approach of disease in our sleeping hours, the system demands the sustenance which a generous supply of food in the process treasure, which is second only in importance to that of the immortal soul. Delinqueacies of duty to our neighbor may be concealed; we may secure a mantle of charity for our moral was a substant of the sustenance of its marmth, but beeause of the don the day to be do to beed on an empty to be observed, but immested led down to sleep with an insufficiency of food in his stomach. It is necessary at all times for this rule to sleep on the instantant on the sustenance of the sanimations of the body, in its process of assimilating food and in repairing the losses and went incident to the exposures of the day point to the necessity of disease in our sleeping hours

ABBLYILL LITERARY CLUD, of health, and the dictates of common senses of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the proposed of the non-day sun, or may enter our habitation with the seas. If the one is similar, the other is not less of the proposed of the patent medicine advertisely with the season. The gelieved to the patent medicine advertisely with the season. The gelieved to the patent medicine advertisely with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the night and distance with the season of the non-day sun, or may enter our habitation with the season of the non-day sun, or may enter our habitation with the season of the night and distance with the season of the non-day sun, or may enter our habitation with the season of the night and distance with the season of the non-day sun, or may enter our habitation with the season of the night and distance with the season of the night and d

with all these pleasing prospects for the human family—there is danger. The progress which has been made in the science of medicine has inspired charitans and quacks to make war on our health and our purses. The discusses at which medical science stants appalled, these unscrupulous cheats assume to make any propose to accomplish for afflicted humanity an entire cure of every ill. Poisonially an entire cure of every ill. Poisonially an entire cure of every ill. Poisonially an entire cure of every ill. Poisonial was not the many get hope to become athletes and to live for a thousand years. To complete the first of the discusses as fits, cancer, consumption. Bright's disease, They claim to perform, in every case a feat which no respectable doctor of a fattle may be safe from the note of the interior of the self-may and high constitution of these of disease, and propose to accomplish for affilied in the drug stores, and the columns of a venal religious press set a shanneful example to their secural pretrieval in the drug stores, and the columns of a venal religious press set as shanneful example to the first of a thousand years. To complete the simple their bottled death is placed for sale in the drug stores, and the columns of a venal religious press set as shanneful example to their secural predictions of these directly and the propose to accomplish for affilied in the drug stores, and the columns of a venal religious press set as shanneful example to the first of a thousand years. To complete the structure of the distance of the drug to the first of the first of the drug to the first of the first of the first of the drug to the first of the

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increased our capacity for the enjoyment of salilife by giving us health. When one of the anorth of greatest blessing that could befull man, he

conformity to nature's laws and to temperance. His words are words of admonition to

us and might be put thus: Take the open air,

The more you take the better: Follow nature's laws To the very letter.

Let the doctors go To the Bay of Biscay,
Let alone the gin,
The brandy and the whiskey.

Eat the simplest food
Drink the pure, cold water,
Then you will be well.
Or at least you oughter.

But, Mr. President, I am sorry that I cannot discuss this interesting subject, particularly the hygiene of the schools. I am now suffering from sorethroat, which, I believe originated, while I was a teacher in a plain rist. , while I was a teacher, in a plain violation of the hygienic principles relating to that delicate organ. I heartly commend much that the essayist has said. I do hot endorse

and sun flower have been found valuable disinfectants in malarial regions. It is a vonderful provision of nature that all the content of the act of breathing, and convert it into oxygen gas, which is so necessary to our existence. Let us then preserve our forests as necessary to good health. Experience has also demonstrated that a proper system of drainage and cultivation of the soil will destroy malaria.

In conclusion, I will state that in spite of every drawback Hyrlene has lengthened the raverage of human life, direful epidemics have been moderated, contagion has been cerved within limits, and many other morbide influences have been grappled with an away of the morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been grappled with a many other morbide influences have been

ALL SORTS ABOUT NINETY-SIX.

A Colt Light of Weight and Long of Hair-Big Loads of Guano --- Escaped Prisnner-Barn Burnt-The Narrow Gauge-Contracts for Grading...Other Items.

Maj. Wiley Holloway, of Edgefield, has a mule colt eight months old that only weighs fifty pounds and is covered with hair four inches long. He also has a neighbor who has a

four-legged chicken.

Messrs. W. L Durst and P. B. Matthews
were in town a few days ago. They are live
business men and speak encouragingly of the
new railroad.

Mr. Mac Hard has been in town for several
days with a lot of good Tennessee toules. He